

Meeting: Meadowglen 28th November 2021
Weather: Warm, developed into a stiff headwind later in the meeting
Track: Synthetic 400m
Commentator: Ollie Wurm
Wind Gauge: Automatic
Starters: Matthew Webster and Brendan Ferrari
Photo Finish: Leah Macdonald and Chloe Blennerhassett
Results: Nila Blennerhassett
Stewards: Rob Lehmann and Wally Meechan
Handicappers: Graeme Goldsworthy, Colin Lane, Darryl Nettleton, Sean Quilty, John Jones, Andrew McDowell, Jonathon Rogers

NAP's

100m Women's: Elizabeth Ruach (Injury)
100m Master's: Cameron Yorke, Mark Glassborow (Injury)
200m Gift: Luke Mitchell, Aidan Green, Dion Paull, Jack Doderico, Saye Morris, Rhys Parkinson, Jack Boulton (Break)
400m Restricted: Josh Drysdale (Injury)
550 Open: Matthew Bruno (Illness)
1600m Open: Marcus Overman

Stewards Notes from the day:

- Elizabeth Ruach was injured in the heat of the 100m Women's (28 days)
- Josh Drysdale was injured in the final of the 400m Restricted (28 days)
- Matthew Bruno scratched from the final of the 550m Open (14 days)
- Mark Glassborow scratched from the final of 100m Masters (28 days)
- Ryan Antidormi was spoken to following the heat of the 550m Open in regard to being 2m clear before coming back in to the line
- Scott Rowsell was spoken to following the heat of the 100m Masters for leaning back on the line and not dipping
- Daniel Rischitelli was spoken to in regard to running a 400m race prior to his Gift Semi Final

Stewarding Comments:

Runners please note that VAL Rule 11.16 will generally be enforced this season, with runners who sustain an injury or illness, which forces them to not finish a race or scratch from a subsequent round, being issued with a 28 day suspension, which may be reduced to 14 days with medical evidence.

Breaking in a heat or semi final and not progressing will result in an NAP at best.

Colours can be purchased from the Colour tent prior to competition and to assist with the photo finish this is the preferred option on race days. Please check in with your colour at the colour tent to have your name checked off prior to competing.

Warrnambool Meeting – Double ticks

Whilst the Warrnambool and Terang weekend is a great weekend of racing and an opportunity to accumulate AP's towards a lift, there is as always, an absolute expectation that runners will be providing their best effort across the meetings and competing to win.

Please be aware that the Stewarding Panel will be paying particular attention at these meetings to consistency of effort and winning intent.

Meeting: Warrnambool 4th December 2021
Weather: Changeable, generally cool with occasional drizzle and stiff headwind
Track: 400m grass, firm
Commentator: Ollie Wurm
Wind Gauge: Automatic
Starters: Rob McIntosh and Graeme Humphrey
Photo Finish: Leah Macdonald, Andre Pereira
Results: Nila Blennerhassett
Stewards: Rob Lehmann and Sue Anderson
Handicappers: Graeme Goldsworthy, Colin Lane, Darryl Nettleton, Sean Quilty, John Jones, Andrew McDowell

NAP's

70m Open: Hugh Hoffmann, Harrison Kerr, Jacob Taylor, Clare De Salis
120m Master's: Martin Armour, Scott Rowsell, Shane Quinn
120m Gift: Tom Byrne, Hugh Hoffmann, Mason Keast, Jake Ireland (break)
300m Open: John Evans
300m Master's: Shane Quinn, Adrian Bender

Stewards Notes from the day:

Shane Quinn was unable to take his place in the 300m Master's final due to injury (28 days).

Shane Quinn did not present for the final of the Master's 120m as he was unaware he had qualified. Was reminded the onus is on the athlete to check progressions.

Jacob Taylor and Clare De Salis did not present for the Semi Finals or the Open 70m as they were not aware they had qualified. They were reminded the onus is on the athlete to check progressions.

Darcy Ireland was spoken to after the heats of the 70m Open as his performance lacked effort. He advised he lacked confidence due to multiple hamstring injuries and was just trying to get through uninjured. The Stewards advised him that they should have been notified prior to running that he would not be at his best and that until they were confident he was competing at his best he would be receiving NAP's.

Michael Preece was spoken to in regard to running out the Open 800m as it was felt he failed to run on in the race once he felt he couldn't win and recorded a time that was not up to his ability.

Saye Morris and Jara Konteh were both reprimanded for running with a hat on down the sprint track.

Brett Richards was spoken to following his heat of the 120m Gift as the Stewards felt he didn't finish off the race as strongly as expected and it would be looked at closely in future races.

Stewarding Comments:

Runners please note that VAL Rule 11.16 will generally be enforced this season, with runners who sustain an injury or illness, which forces them to not finish a race or scratch from a subsequent round, being issued with a 28 day suspension, which may be reduced to 14 days with medical evidence.

Breaking in a heat or semi final and not progressing will result in an NAP at best.

Colours can be purchased from the Colour tent prior to competition and to assist with the photo finish this is the preferred option on race days. Runners are required to check in with their colour at the colour tent prior to competing. Failure to comply with this direction may result in a runner being sanctioned.

Athletes are reminded that it is their responsibility to check on their progression from heats to semi's and finals. Failure to present for a race may result in a fine or sanction.

Meeting: Terang 5th December 2021
Weather: Sunny and warm, light wind
Track: 400m grass, firm
Commentator: Ollie Wurm
Wind Gauge: Automatic
Starters: Rob McIntosh and Graeme Humphrey
Photo Finish: Leah Macdonald, Andre Pereira
Results: Nila Blennerhassett
Stewards: Rob Lehmann and Sue Anderson
Handicappers: Graeme Goldsworthy, Colin Lane, Darryl Nettleton, Sean Quilty, John Jones

NAP's

70m Open: Jack Doderico, Darcy Ireland
120m Master's: Brian Wright, Steven Coulson
120m Women: Hannah Duynhoven, Gabriella Boulton, Jody Richards
120m Gift: Munashe Hove, Patrick Martin
300m Master's: Laura McDougall, Scott Shillito, Steven Coulson
400m Open: Patrick Martin

Stewards Notes from the day:

Brian Wright broke down in the final of the 120m Master's (28 days).

In the final of the 300m Master's, Maria Cahill suffered a fall as a result of contact with David Gill in the straight. Upon review of front on camera footage it was determined that Maria drifted off the line coming into the straight and David Gil had ample space to pass on the inside. Maria then attempted to shift back to the line, creating the contact, which resulted in her fall and impeded the runs of both David Gill and Narelle Lehmann. No further action was taken.

Stewarding Comments:

Runners please note that VAL Rule 11.16 will generally be enforced this season, with runners who sustain an injury or illness, which forces them to not finish a race or scratch from a subsequent round, being issued with a 28 day suspension, which may be reduced to 14 days with medical evidence.

Breaking in a heat or semi final and not progressing will result in an NAP at best.

Colours can be purchased from the Colour tent prior to competition and to assist with the photo finish this is the preferred option on race days. Runners are required to check in with their colour at the colour tent prior to competing. Failure to comply with this direction may result in a runner being sanctioned.

Athletes are reminded that it is their responsibility to check on their progression from heats to semi's and finals. Failure to present for a race may result in a fine or sanction.

In circle events it is expected that leading runners will maintain a straight line once they enter the finishing straight. Sudden changes in direction will be closely monitored and if causing interference, may lead to a sanction being imposed.

Meeting:	Waverley, 12 th December, 2021.
Weather:	Sunny and warm, light wind.
Track:	400m grass, firm.
Commentator:	Ollie Wurm.
Wind Gauge:	Automatic.
Starters:	Matthew Webster and Tim Mason.
Photo Finish:	Graeme Walker and Andre Pereira.
Results:	Nila Blennerhassett.
Stewards:	Wally Meechan and Sue Anderson.

NAP's

100m Women's:	Anna Plessinger
100m Open Gift:	Aidan Green, Tom Perry, Jackson Bennett, Saye Morris.
100m Masters:	Damien McTernan,
300m Masters:	David Gill (break), Dominic Condello (injury).
400m Open:	Chad Ryan (injury), Rhys Parkinson
800m Open:	Clint Anderson, Gordon Knight, Darren Naismith (injury).
1600m W&M:	Chris Brown (injury).

Stewards Notes from the day:

- Jackson Bennett was spoken to after his 70 m heat and advised that he should not be looking around during the race.
- Anna Helena Pereira ran off the incorrectly allocated mark of 16.75m in her 100m Women's heat. Her mark was corrected to 10m for the semi-final, and at the suggestion of her coach, an extra position in the semi-finals was created so that no athlete would miss out on progressing from the heats due to the error.
- Tom Perry was spoken to after losing time from the semi-final to the final in the 100m Open Gift. Tom and his coach, Brad Armstrong, stated that they were disappointed in his performance and agreed with the decision for Tom to be awarded an NAP.
- Aidan Green was spoken to after losing time from the semi-final to the final in the 100m Open Gift. Aidan stated that he was recovering from an injury, and his coach, Craig Mair, stated that the 100m final was Aidan's sixth race of the day. The Stewards advised Aidan that they should have been notified prior to running that he would not be at his best due to injury.
- Saye Morris was awarded an NAP for making significant improvement in winning the 100m Open Gift final despite producing a slower performance in finishing second in the semi-final.
- Darren Naismith was injured in the heat of the Open 800m (28 days).
- Chris Brown was injured in the final of the Women's and Masters 1600m (28 days).
- Dominic Condello was injured in the final of the Masters 300m (28 days).
- Chad Ryan was injured in the final of the Open 400m (28 days).

Stewarding comments:

A reminder to all athletes that they are expected to show consistency in performances throughout all rounds of an event.

Athletes are advised that they may have a registered coach or representative of the VRTA accompany them when speaking to a steward. Athletes under the age of 18 may also be accompanied by a parent or guardian.

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Breaking in a heat or semi-final and not progressing will result in an NAP at best.

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Athletes are reminded that it is their responsibility to check on their progression from heats to subsequent rounds. Failure to present for a race may result in a fine or sanction.

Meeting: Hastings 8th January 2022

Weather: Mild, clearing to sunny in the afternoon with light winds

Track: 385m, grass on the longer side, soft

Commentator: Ollie Wurm

Wind Gauge: Automatic

Starters: Rob McIntosh and Graeme Humphrey

Photo Finish: Leah Macdonald, Andre Pereira, Chloe Blennerhassett and Rob Jones

Results: Nila Blennerhassett

Stewards: Rob Lehmann and Wally Meechan

Handicappers: Graeme Goldsworthy, Colin Lane, , Sean Quilty, John Jones, Jonathon Rogers

NAP's

(brk)

70m Open: Kidus Mekonnen (brk), Thomas Moloney

120m Master's: Scott Rowsell, Vic Sharma, Jeff Sargent, Steven Coulson

120m Women: Sienna Fighera (injury)

120m Gift: Jack Colgrave, Daniel Quattrone, Chris Byron, Cam Dunbar, Tim Rosen, Cooper Smith, Noddy Angelakos (brk)

300m Womens: Kirilly Burnett, Montana Kerr

300m Open: David Mould, Jay Blake

800m Open: Alex Jones, Ingrid Woodward

1600m Open: Gordon Knight

Stewards Notes from the day:

Sienna Fighera sustained an injury in the semi final of the Women's Gift and was unable to complete the race (28 days)

Endale Mekonnen was spoken to following his heat of the Restricted 70m due to taking multiple looks across whilst running and advised further occurrences would not be tolerated

David Haigh broke down in the heat of the 800m Open (28 days)

Dominic Bruno was spoken to following the 800m Open final in regard to his racing tactics as he sat back in the field and flashed home. He advised he started to tighten mid race, but he pushed through it and once he loosened up ran home hard. The Stewards advised that they would continue to monitor his racing style and expected to see more intensity earlier in his races.

Clint Anderson was spoken to following the 800m Open Final in regard to how he was progressing as the Stewards thought he would have featured more in the final as he looked comfortable in winning his heat. Clint said he was happy with his run as he improved almost a second and that he was still a little bit underdone but was improving week on week. No action taken.

Cooper Smith was spoken to in regard to wearing a singlet under his colour and not being shirtless on the oval.

Scott Rowsell advised that he is battling with a hip injury at present, which is affecting the consistency of his performances.

Stewarding Comments:

In order to protect our officials from Covid the Stewards will be stricter on who is accessing the infield on race days. Runners and Trainers only should be on the ground and this should be limited to warming up and competing. Anyone outside of Runners and Trainers will be requested to leave the infield. Whilst we understand stablemates want to be infield to watch finals, in the current climate we request that you remain on the outside of the track to maintain our CovidSafe protocols. Please share this with your family and supporters.

As we progress into the season and runners receive lifts that should place them in a more competitive position, the Stewarding panel will place even greater scrutiny on AP performances.

Breaking in a heat or semi final and not progressing will result in an NAP at best.

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Athletes are reminded that it is their responsibility to check on their progression from heats to semi's and finals. Failure to present for a race may result in a fine or sanction.

In circle events it is expected that leading runners will maintain a straight line once they enter the finishing straight. Sudden changes in direction will be closely monitored and if causing interference, may lead to a sanction being imposed.

Meeting: St Albans 15th January 2022
Weather: Warm afternoon into a cooler evening, light headwinds
Track: 395m, grass, firm but a bit patchy and rough
Commentator: Ollie Wurm
Wind Gauge: Automatic
Starters: Matt Webster and Brendan Ferrari
Photo Finish: Leah Macdonald, Emma Macdonald
Results: Nila Blennerhassett and Chloe Blennerhassett
Stewards: Rob Lehmann and Wally Meechan
Handicappers: Graeme Goldsworthy, Colin Lane, Sean Quilty, John Jones, Andrew McDowell

NAP's

70m Open: Joel Bee (brk), Patrick Martin (brk), Maki Loukeris, Endale Mekonnen, Matt Burleigh, Chiara Santiglia, Tapasu Paea
120m Master's: David Griffin, Daniel Martin
120m Women: Isabella Antonino,
120m Gift: Nathan Riali, Endale Mekonnen, Dion Paull, Thomas Moloney
300m Masters: Jacob Taylor
300m Open: John Evans (inj), Rhys Parkinson
550m Open: Nick Howard, Xavier O'Connor
1600m Open: Gordon Knight, Brett MacDonald

Stewards Notes from the day:

David Griffin was spoken to following the final of the Master 120m as the Stewards felt his running looked to lack intensity. David advised that he was still suffering the effects of ill health and is not a natural sprinter, so his style is very relaxed. The Stewards advised that his handicap has moved out quickly this season to a mark that he should now be very competitive from and we expect him to perform well from that handicap.

Daniel Martin was spoken to following his heat of the Master 120m as the Stewards are concerned that his performances this season are not to the standard set previously. Daniel advised that he is fit and although he has a bit of a sore achilles it is not too bad.

Saye Morris did not complete his heat of the 70m as his heel came out of his spike when he pushed off the blocks. As it was a personal equipment failure he was unable to put into a later heat.

John Evans pulled up short in the Open 300m final due to calf cramps.

Terry McGarrity was spoken to in regard to the performance of one of his athletes in the u18's 120m heat as it was very inconsistent to their performance in the heat and final of the u14 120. Terry agreed that the performance was poor and that he encouraged the athlete to focus on the u14 final only, however the athlete wanted to compete. Whilst sympathetic to the situation the Stewards advised that it was a poor look.

Hayden Crossley was spoken to in regard to being shirtless on the oval.

Stewarding Comments:

- Runners choosing to compete in another event once they have qualified for a final (particularly of a longer distance) will most likely incur an NAP in both events.
- In order to protect our officials from Covid the Stewards will be stricter on who is accessing the infield on race days. Runners and Trainers only should be on the ground and this should be limited to warming up and competing. Anyone outside of Runners and Trainers will be requested to leave the infield. Whilst we understand stablemates want to be infield to watch finals, in the current climate we request that you remain on the outside of the track to maintain our CovidSafe protocols. Please share this with your family and supporters.
- As we progress into the season and runners receive lifts that should place them in a more competitive position, the Stewarding panel will place even greater scrutiny on AP performances.

- Breaking in a heat or semi final and not progressing will result in an NAP at best.
- Colours can be purchased from the Colour tent prior to competition and to assist with the photo finish this is the preferred option on race days. Runners are required to check in with their colour at the colour tent prior to competing. Failure to comply with this direction may result in a runner being sanctioned.
- Athletes are reminded that it is their responsibility to check on their progression from heats to semi's and finals. Failure to present for a race may result in a fine or sanction.

Meeting: Wangaratta 22nd January 2022
Weather: Hot afternoon into a warm evening, light tailwinds
Track: 420m grass, firm with a good covering of grass
Commentator: Ollie Wurm
Wind Gauge: Automatic
Starters: Matt Webster and Brendan Ferrari
Photo Finish: Chloe Blennerhassett, Craig Burnett
Results: Nila Blennerhassett
Stewards: Rob Lehmann
Handicappers: Graeme Goldsworthy, Colin Lane, , Sean Quilty, Andrew McDowell, Darryl Nettleton, Jonathon Rogers

NAP's

120m Master's: Mark Glassborow, Noddy Angelakos
120m Women: Ellie Keratianos, Jessica Payne, Hannah Duynhoven, Caitlin Hawkes
400m Restricted: Jack O'Dea, Dashiell Muir, Saxon Davidson, Logan Wright (Inj)
1600m Open: Sean Davidson

UP's

120m Women: Gabriella Boulton
400m Women: Alex Tzilantonis

Stewards Notes from the day:

Liam Hanrahan was spoken to following the final of 800m Open as the Stewards believed he did not put himself in a position to win the race early, yet came home hard and just missed the win. As he has been at the 'pointy end' of the field all season in distance races the Stewards are watching his races closely to assess his 'winning intent'.

Jackson Bennett was spoken to following his heat of the 120m Mens Gift as he noticeably eased up in the last 20m after appearing to have the race won. He advised that his calf started to cramp so he did ease back, however he felt he was okay to run in the semi final. He subsequently went on to run 2nd in the Gift final so no action taken.

Alex Tzilantonis and her Trainer were spoken to after the final of the Women's 400m as the Stewards felt she had herself in a winning position off the final bend but did not run to the line with 'winning intent'. Alex was issued with a UP and a 2m handicap reduction, which is suspended pending her competing in the Women's 400m at Ballarat to a level that is deemed satisfactory by the Stewards.

Gabriella Boulton and her Trainer were spoken to after winning the final of the 120m Women's Gift (13.90) due to sudden form improvement from the preceding week at StAlbans (14.55), which was consistent with her other performances this season. The Stewards deemed this to constitute inconsistent running and issued Gabriella with a UP, which cancels her Stawell lift, and a fine of \$200.

The 300m track for the Master's was incorrectly measured and resulted in the heats being run 20m short. These times will not go into runner's sample sets moving forward. The track was adjusted for the Final to the correct distance.

Stewarding Comments:

Runners are advised to re-read the Stewarding notes that were issued at the commencement of the season, particularly in regard to 'winning intent' and also competing with consistency from week to week.

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As we progress into the season and runners receive lifts that should place them in a more competitive position, the Stewarding panel will place even greater scrutiny on AP performances.

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Meeting: Frankson 30th January 2022
Weather: Hot afternoon with gusty headwinds
Track: 400m grass, soft but firmed up as the day went on.
Commentator: Ollie Wurm
Wind Gauge: Automatic
Starters: Rob McIntosh and Graeme Humphrey
Photo Finish: Chloe Blennerhassett, Leah Macdonald
Results: Nila Blennerhassett
Stewards: Rob Lehmann, Wally Meechan
Handicappers: Graeme Goldsworthy, Colin Lane, Sean Quilty, Andrew McDowell, Darryl Nettleton, Jonathon Rogers and John Jones

NAP's

70m Men's Gift: Matt Burleigh. Saye Morris
120m Master's: Steve Coulson
300m Open: Lincoln Barnes, Rhys Parkinson, Luke Mitchell, Jerome Lugo
300m Women: Zoe Glassborow, Chloe Barnard, Cassandra Ware
300m masters: Dominic Condello
550m Open: Ryan Antidormi, Cameron Yorke, Julian Harris & Sam Sabatucci
800m Women: Sophie Stokes
1600m Restricted: Taj Davies
1600m Open: Marcus Overman, Terrence Kavanagh-Dando

Stewards Notes from the day:

Saye Morris broke down in winning the 1st semi final of the 70m Men's Gift and was unable to take his place in the final. (28 day suspension).

Sean Davidson did not finish the 550m Open final, pulling up with approx. 150m to run. Advised he felt tight in the hamstrings. (28 days down to 14 with medical certificate Sunday 13/2)

Chris Brown did not finish the 1600m Open due to injury. (28 days down to 14 with medical certificate, Sunday 13/2)

Jerome Lugo was spoken to following his heat of the Open 300m as he was observed to be laughing as he was running around the bend in the race, which the Stewards believe indicated a lack of effort. Jerome advised it was some banter with his housemate, but understood it did not create a 'good look'.

Stewarding Comments:

With the Beachside Meeting this weekend and the live coverage on Kayo, Stewards will be strictly monitoring who is on the infield during this period and access will be limited.. It is expected, as always, that runners and trainers will follow the directions of Stewards promptly.

Runners are advised to re-read the Stewarding notes that were issued at the commencement of the season, particularly in regard to 'winning intent' and also competing with consistency from week to week.

In order to protect our officials from Covid the Stewards will be stricter on who is accessing the infield on race days. Runners and Trainers only should be on the ground and this should be limited to warming up and competing. Anyone outside of Runners and Trainers will be requested to leave the infield. Whilst we understand stablemates want to be infield to watch finals, in the current climate we request that you remain on the outside of the track to maintain our CovidSafe protocols. Please share this with your family and supporters.

As we progress into the season and runners receive lifts that should place them in a more competitive position, the Stewarding panel will place even greater scrutiny on AP performances.

Breaking in a heat or semi final and not progressing will result in an NAP at best.

Meeting: Beachside 5th February 2022

Weather: Hot afternoon/warm evening with gusty tailwinds

Track: 369m grass, good surface. Insufficient run off for the straight track!.

Commentator: Ollie Wurm

Wind Gauge: Automatic

Starters: Rob McIntosh and Graeme Humphrey

Photo Finish: Chloe Blennerhassett, ???

Results: Nila Blennerhassett

Stewards: Rob Lehmann, Wally Meechan

Handicappers: Graeme Goldsworthy, Colin Lane, , Sean Quilty, Andrew McDowell, Darryl Nettleton

NAP's

120m Women's Gift: Alex Tzilantonis, Katie Moore

120m Men's Gift: Sam Clark, John Evans (inj), Isaac Dunmall

120m Master's: Mohamad Zeed, Mark Glassborow, Brendan Bailey

300m Wmn's/Mstrs: Tony Martin, Jeff Sargent (brk)

400m Open: Cam Dunbar, Rory Nunn, Daniel Quattrone

800m Open: Lonain Burnett, Ky Davies, Jack Lunn

800m Women: Ingrid Woodward, Laura Yorke

1600m Restricted: Taj Davies

1600m Open: Marcus Overman, Terrence Kavanagh-Dando

UP's

70m Open: Patrick Martin

120m Master's: David Griffin (.5m handicap reduction)

400m Open: Alex Jones

800m Open: Alex Jones

Stewards Notes from the day:

Alex Jones was spoken to after running a heat of the 400m Open after qualifying for the final of the 800m Open by winning his heat. Alex advised that he ran as he was able to 'back up' and wanted the experience of running in quality races. The Stewards advised him that competing in a 400m after qualifying for the final was unacceptable and he subsequently lost 2.5 seconds in the 800m. He was issued with a UP in both events.

David Griffin was spoken to following his heat run in the 120m Masters as the Stewards felt he ran with a lack of effort. David advised that his running style was naturally relaxed and if he pushed harder he was worried he would 'break down'. Whilst the Stewards acknowledged that he tended to run relaxed, they believed his heat run was 'too relaxed' and he was issued with a UP and .5m handicap reduction.

Kidus Mekonnen was spoken to following his heat of the 300m U/18 Boys in regards to looking around during the race and warned that should he repeat this in the final he would be fined. In running the final, Kidus looked around multiple times and was fined \$50.

John Evans broke down as he crossed the line in the 120m Men's Gift semi final and was unable to take his place in the final. (28 day injury suspension)

Matt Dinan was spoken to following his heat of the 400m Open as he looked across a number of times inside the last 50m and was advised that this was not to be repeated in the final or he would face a fine. He ran in the final without incident.

Daniel Quattrone was spoken to following his heat of the 400m Open for looking around in the straight and was advised that a repeat of this in the final would lead to a fine being issued. He ran in the final without repeating it.

Stewarding Comments:

A number of runners were spoken to at Beachside in regard to looking around during races. Please note that **no further warnings will be issued** and that an **immediate fine** will be issued for the remainder of the season.

Runners are advised to re-read the Stewarding notes that were issued at the commencement of the season, particularly in regard to 'winning intent' and also competing with consistency from week to week.

In order to protect our officials from Covid the Stewards will be stricter on who is accessing the infield on race days. Registered Runners and Trainers only should be on the ground and this should be limited to warming up and competing. Anyone outside of registered Runners and Trainers will be requested to leave the infield. Whilst we understand stablemates want to be infield to watch finals, in the current climate we request that you remain on the outside of the track to maintain our CovidSafe protocols. Please share this with your family and supporters.

As we progress into the season and runners receive lifts that should place them in a more competitive position, the Stewarding panel will place even greater scrutiny on AP performances.

Breaking in a heat or semi final and not progressing will result in an NAP at best.

Meeting: Ballarat 12 and 13th February 2022
Weather: Warm to hot both days. Saturday light tail winds, Sunday strong cross/head winds
Track: 400m grass, good surface.
Commentator: Ollie Wurm
Wind Gauge: Automatic
Starters: Rob McIntosh, Graeme Humphrey & Ian Sibson
Photo Finish: Chloe Blennerhassett, Emma Macdonald & Leah Macdonald
Results: Nila Blennerhassett
Stewards: Rob Lehmann, Wally Meechan
Handicappers: Graeme Goldsworthy, Colin Lane, Sean Quilty, Darryl Nettleton & Jonathon Rogers

NAP's

70m Open: Chris Diegan (Brk), Michael Romero (Brk)

120m Women's Gift: Liv Ryan, Holly Dobbyn, Grace Kelly, Hayley Orman (Brk)

120m Men's Gift: Munashe Hove, Noddy Angelakos, Campbell Butson (inj), Corey Baker (inj), Samuel Taylor, Jerome Lugo, Stuart Aberdein (Brk)

120m Master's: Daniel Martin, Sonya Pollard

300m Womens: Loryn Savoia

400m Backmarkers: Patrick Martin, Aaron Leferink

400m Open: Eugene Read-Spinks (Brk)

550m Open: Dominic Bruno (Brk)

800m Open: Julian Harris, Les Williams

800m Women: Meg Deane

Stewards Notes from the weekend:

Alex Jones was spoken to after running a heat of the 550m Open for causing interference on the top bend by not being 2m clear when dropping back in on the line.

Sue Anderson was spoken to following the women's 400m final for abusing Olivia Goder after a racing incident on the top bend of the race. Sue apologised to both Olivia and Stewards for the outburst immediately and no further action was taken.

Corey Baker was unable to take his place in the semi-final of the Men's Gift due to a calf strain.

Campbell Butson was unable to take his place in the semi final of the Men's Gift due to injury.

Sonya Pollard was spoken to following the final of the 120m Masters and advised she would be receiving an NAP as her performance was a considerable improvement from previous weeks and was now expected to remain at that level.

550m Open finalists were addressed prior to the race as a number of handicap adjustments had been made during the week and Stewards had been unhappy with the quality of racing in the Event up to Ballarat. Runners were advised that there would be minimal movement of handicaps for the remainder of the season and that a higher level of racing intensity was expected.

400m Women's Finalists were spoken to prior to the running of the final and advised that the Stewards expected a high standard of running and that with Castlemaine 400m (\$4k race) only 2 weeks away any unacceptable level of improvement for that race will be dealt with harshly.

Stewarding Comments:

A number of runners were spoken to at Beachside in regard to looking around during races. Please note that **no further warnings will be issued** and that an **immediate fine** will be issued for the remainder of the season.

Runners are advised to re-read the Stewarding notes that were issued at the commencement of the season, particularly in regard to 'winning intent' and also competing with consistency from week to week.

In order to protect our officials from Covid the Stewards will be stricter on who is accessing the infield on race days. Registered Runners and Trainers only should be on the ground and this should be limited to warming up and competing. Anyone outside of registered Runners and Trainers will be requested to leave the infield.

As we progress into the season and runners receive lifts that should place them in a more competitive position, the Stewarding panel will place even greater scrutiny on AP performances.

Breaking in a heat or semi final and not progressing will result in an NAP at best.

Meeting: Docklands 18th February 2022

Weather: Mild to cool evening with light headwinds

Track: 300m grass, rough, patch surface (poor).

Commentator: Ollie Wurm

Wind Gauge: Automatic

Starters: Matthew Webster and Brendan Ferrari

Photo Finish: Emma Macdonald & Leah Macdonald

Results: Nila Blennerhassett

Stewards: Rob Lehmann, Wally Meechan

Handicappers: Graeme Goldsworthy, Colin Lane, Sean Quilty, , Darryl Nettleton, Andrew McDowall

NAP's

70m Open: Tom Griffin, Rupert Lugo

70m Women: Keely Henderson (Brk)

100m Wmns Gift: Lucy Zotti (DNS final)

100m Men's Gift: Hugh Hoffman, Maki Loukeris

300m Master's: Jacob Densley, Steven Hurl (Inj)

400m Men: Jed Upton, Asthika Liyanaarachchi, Greg Mitchell (Brk)

Stewards Notes from the night:

Maki Loukeris was spoken to immediately after his heat of the 100m Men's Gift as he clearly backed off in the last 10 meters when he appeared to have the heat won but finished 2nd. He was given an NAP for the event and warned that a repeat of that effort would result in a much harsher sanction.

Steven Hurl broke down in this heat of the 300m Masters (14 days).

Lucy Zotti did not present for the final of the 100m Women's Gift so subsequently receives an NAP and will need to see the Stewards prior to her next start.

Jacob Densley advised that he would be wearing flats in the 300m Masters.

Stewarding Comments:

There has been a number of runners requesting to wear flats in races due to injury concerns, etc. Please note that the **wearing of flats in any event up to and including 800m will result in an NAP being issued**. Also, please note that if you are not running in spikes by Maribyrnong meeting then you will be unable to wear spikes for the remainder of the season (including Stawell).

A number of runners were spoken to at Beachside in regard to looking around during races. Please note that **no further warnings will be issued** and that an **immediate fine** will be issued for the remainder of the season.

Runners are advised to re-read the Stewarding notes that were issued at the commencement of the season, particularly in regard to 'winning intent' and also competing with consistency from week to week.

In order to protect our officials from Covid the Stewards will be stricter on who is accessing the infield on race days. Registered Runners and Trainers only should be on the ground and this should be limited to warming up and competing. Anyone outside of registered Runners and Trainers will be requested to leave the infield.

As we progress into the season and runners receive lifts that should place them in a more competitive position, the Stewarding panel will place even greater scrutiny on AP performances.

Breaking in a heat or semi final and not progressing will result in an NAP at best. Breaking in a final is an automatic NAP at best.

Meeting: Castlemaine 27th February 2022
Weather: Hot and humid day with light winds
Track: 400m grass track in excellent condition (.1 sec track allowance for the sprints)
Commentator: Ollie Wurm
Wind Gauge: Automatic
Starters: Rob McIntosh and Ian Sibson
Photo Finish: Chloe Blennerhassett, Leah Macdonald
Results: Nila Blennerhassett
Stewards: Rob Lehmann, Wally Meechan
Handicappers: Graeme Goldsworthy, Colin Lane, Sean Quilty, Darryl Nettleton, Andrew McDowall and Jonathon Rogers

NAP's

70m Open: Xavier Sanchez (brk), Aaron Benson (brk), Tom Griffin (brk), Scott Rowsell
120m U/18's: Henry Dwyer (brk), Lachlan Kinnersly (brk), James Moore (brk)
120m Master's: Paul Tancredi (inj), Jonathon Rogers
120m Wmns Gift: Sounya Visvanathan (inj), Olivia Russo, Laura McDougall
120m Men's Gift: David Mould, Munashe Hove, Endale Mekonnen
400m Women's: Bella Pasquali
400m Open: Lucas Wright, Jerome Lugo
800m Open: Dominic Bruno

UP's

120m Master's: Damien McTernan, Noddy Angelakos
300m Master's: Shaun Taylor, Noddy Angelakos
400m Women's: Chloe Kinnersly

Stewards Notes from the day:

The Stewards have allocated a .1 second track allowance for all performances down the sprint track.

Sounya Visvanathan did not finish her heat of the women's 120m Gift due to injury (28 days, 14 with a medical certificate).

Paul Tancredi broke down in this heat of the 120m Masters (28 days, 14 with a medical certificate).

David Mould did not present for the semi-final of the 120m Men's Gift so subsequently receives an NAP and was advised that failure to do so again will result in a sanction.

Jacob Densley advised that he would be wearing flats in the 300m Masters events for the remainder of the season. As such he will accrue AP's as the season progresses but his handicap will be reduced if he returns to wearing spikes next season.

Dominic Bruno and Cooper Lubeck were spoken to following the heats of the 800m as Stewards were concerned about their race tactics and wanted to see them run with more intent in the first lap in the final. Stewards were satisfied with the efforts of both athletes in the final.

Shaun Taylor was issued a UP and fined \$200 as the Stewards found his level of improvement from Docklands to Castlemaine in the 300m Masters constituted Inconsistent Running.

Chloe Kinnersly was issued a UP and handicap review across all distances following her performance in the final of the 400m Women's as the Stewards found her level of improvement from Ballarat to Castlemaine constituted Inconsistent Running.

Stewarding Comments:

There has been a number of runners requesting to wear flats in races due to injury concerns, etc. Please note that the **wearing of flats in any event up to and including 800m will result in an NAP being issued.** Also, please note that if you are not running in spikes by Maribyrnong meeting then you will be unable to wear spikes for the remainder of the season (including Stawell).

Runners are advised to re-read the Stewarding notes that were issued at the commencement of the season, particularly in regard to 'winning intent' and also competing with consistency from week to week.

In order to protect our officials from Covid the Stewards will be stricter on who is accessing the infield on race days. Registered Runners and Trainers only should be on the ground and this should be limited to warming up and competing. Anyone outside of registered Runners and Trainers will be requested to leave the infield.

As we progress into the season and runners receive lifts that should place them in a more competitive position, the Stewarding panel will place even greater scrutiny on AP performances.

Breaking in a heat or semi final and not progressing will result in an NAP at best. Breaking in a final is an automatic NAP at best.

Meeting: Maribyrnong 6th March 2022
Weather: Overcast with light drizzle
Track: 400m grass track that was heavy (circle track water logged)
Commentator: Ed Sadler
Wind Gauge: Automatic
Starters: Rob McIntosh and Graeme Humphrey
Photo Finish: Leah Macdonald & Emma Macdonald
Results: Nila Blennerhassett
Stewards: Rob Lehmann
Handicappers: Graeme Goldsworthy, Colin Lane, Sean Quilty, Darryl Nettleton, Andrew McDowell and John Jones

NAP's

70m Open: Julian Fawcett (brk), Jack Wolff

120m Women's Gift: Ruby Crisp,

120m Men's Gift: Kevin Brittain (brk), Tim Rosen

300m Open: Chris Byron

1600m Open: Dominic Bruno, Nicholas Callanan, Ashley Cowen, Joseph Bangura

Stewards Notes from the day:

Jack Wolff was spoken to following the semi's of the 70m Open as the Stewards were unhappy with his effort in the semi final when he eased up before the line. It was noted that he had shown considerable improvement the week before to make the final at Castlemaine and that Stewards expected that level of performance and effort every time he competed.

Patrick Retschko was fined \$50 following the final of the 1600m Open due to looking around multiple times in the finishing straight.

Stewarding Comments:

Please note that the **wearing of flats in any event up to and including 800m will result in an NAP being issued**. Also, please note that if you are not running in spikes by Maribyrnong meeting then you will be unable to wear spikes for the remainder of the season (including Stawell).

Runners are advised to re-read the Stewarding notes that were issued at the commencement of the season, particularly in regard to 'winning intent' and also competing with consistency from week to week. There will be further instructions issued following the Bendigo meeting in regard to **Stewarding at Stawell**.

In order to protect our officials from Covid the Stewards will be stricter on who is accessing the infield on race days. Registered Runners and Trainers only should be on the ground and this should be limited to warming up and competing. Anyone outside of registered Runners and Trainers will be requested to leave the infield. We have a number of people who continue to flout this rule, which is unacceptable and will result in sanctions being handed out.

Breaking in a heat or semi final and not progressing will result in an NAP at best. Breaking in a final is an automatic NAP at best.

Meeting: Bendigo 12th March 2022
Weather: Hot afternoon into mild evening, light wind
Track: 400 synthetic track
Commentator: Ollie Wurm
Wind Gauge: Automatic
Starters: Rob McIntosh and Graeme Humphrey
Photo Finish: Chloe Blennerhassett, Leah Macdonald
Results: Nila Blennerhassett
Stewards: Rob Lehmann, Wally Meechan
Handicappers: Graeme Goldsworthy, Colin Lane, Sean Quilty, Darryl Nettleton, Andrew McDowall and John Jones

NAP's:

70m Men's: Nathan Riali (inj)

70m Women's: Zoe Neale (brk)

100m Masters: Brett Maurer, Vic Sharma, Maria Cahill, Cam Dunbar (brk)

100m Women's Gift: Zoe Neale (inj), Liv Ryan

100m Men's Gift: Matthew Rizzo

300m Masters: Daniel Martin (inj), Noddy Angelakos

800m Open: Joseph Bangura, Sean Davidson, Laura Yorke, Marcus Overman, Jordan Walker

UP's:

300m Masters: Leigh Phelan

400m Men's: Jed Upton

800m Open: Ryan Antidormi, Sam Sabbatucci

Stewards Notes from the day:

Ryan Antidormi was spoken to following the heats of the 800m Open as the Stewards felt his performance was well below what was expected. Ryan admitted his performance was very poor and could not offer an explanation for it. UP issued.

Sam Sabbatucci was spoken to following the heats of the 800m Open as the Stewards felt his performance was well below what was expected. Sam admitted his performance was very poor and could not offer an explanation for it. UP issued.

Jesse McKenna was fined \$50 following his semi final of the 100m Men's Gift due to looking across well before the line.

Leigh Phelan was spoken to following his heat of the 300m Masters as his performance was a significant improvement over his previous runs, including the previous weekend. The Stewards accepted that he was rapidly gaining fitness after a break from the sport and were satisfied with his effort in the final. As he had received multiple OGA lifts it was decided to issue a UP and a 2m handicap reduction.

Jed Upton was spoken to following the final of the 400m Men's as he had run the fastest heat time and then dropped 2.3 seconds to finish last in the final. Jed advised that he is struggling to back up from heat to final, however the Stewards felt his run lacked intent. A UP was issued and a 4m handicap penalty imposed.

Laura Yorke advised that she would be wearing flats for the remainder of the season. As such she will be eligible to accrue AP's, however her handicap will be reviewed at the commencement of next season should she return to wearing spikes.

Nathan Riali scratched from the final of the 70m Men's due to injury (14 days)

Daniel Martin pulled up in the final of 300m Masters due to injury (14 days)

Stewarding Comments:

Please note that the **wearing of flats in any event up to and including 800m will result in an NAP being issued**. Also, please note that if you were not running in spikes by Maribyrnong meeting then you will be unable to wear spikes for the remainder of the season (including Stawell).

For the second week in a row a fine has been issued to a runner for looking around in a race. This has been an issue this season and is an automatic \$50 fine so please just look straight ahead.

Runners are advised to re-read the Stewarding notes that were issued at the commencement of the season, particularly in regard to 'winning intent' and also competing with consistency from week to week.

Stewarding at Stawell – Runners please be aware that Stewards will be taking a strong approach to inconsistent running at the Stawell Carnival, with the likely sanction being **disqualification** rather than handicap adjustments or fines. As we have stressed all season, please be aware of the events that you compete in leading into Stawell as all meetings between now and Easter will provide a clear form line to Steward from.

Registered Runners and Trainers only should be on the ground and this should be limited to warming up and competing. Anyone outside of registered Runners and Trainers will be requested to leave the infield. We have a number of people who continue to flout this rule, which is unacceptable and will result in sanctions being handed out.

Breaking in a heat or semi final and not progressing will result in an NAP at best. Breaking in a final is an automatic NAP at best.

Meeting: Geelong 19th March 2022
Weather: Hot afternoon, light to moderate head winds
Track: 250m grass track, sprint track good, circle patchy down the back straight
Commentator: Ollie Wurm
Wind Gauge: Automatic
Starters: Rob McIntosh and Ian Sibson
Photo Finish: Leah Macdonald & Emma Macdonald
Results: Nila Blennerhassett
Stewards: Rob Lehmann, Wally Meechan
Handicappers: Graeme Goldsworthy, Colin Lane, Sean Quilty, Andrew McDowell and John Jones

NAP's

70m Open: Nicholas Antonino, Saye Morris (inj), Xavier Sanchez (brk's)
100m Masters: Laura McDougall, Scott Shillito, Damien McTernan
100m Wmn's Gift: Alex Tzilantonis,
100m Men's Gift: Hugh Hoffman
300m Women's: Hannah Lindstrom,
300m Masters: Martin Armour, Paul Retschko
550m Open: Darren Naismith (inj)
800m Open: Dominic Bruno, Declan Goodwin, Julian Harris, Paul Viney (inj)

Stewards Notes from the day:

Xavier Sanchez was spoken to following the heats of the 70m Open as he broke twice and was disqualified. Stewards advised Xavier that as a young runner he needed to work on this as a priority.

Saye Morris was unable to take his place in the 70m Open final due to injury (14 days).

Darren Naismith broke down in his heat of the 550m Open and was unable to complete the race (14 days).

Paul Viney was unable to take his place in the 800m Open final due to illness (14 days).

Toni Wade advised that she would be wearing flats for the remainder of the season. As such she will be eligible to accrue AP's, however her handicap will be reviewed at the commencement of next season should she return to wearing spikes.

Hamish Adams was spoken to following the final of the 100m Men's Gift as the Stewards were concerned about his racing attire. Hamish was warned that if he wore a white bodysuit again, a sanction may be imposed. The matter has been referred to the 'fashion' tribunal.

Stewarding Comments:

Please note that the **wearing of flats in any event up to and including 800m will result in an NAP being issued**. Also, please note that if you were not running in spikes by Maribyrnong meeting then you will be unable to wear spikes for the remainder of the season (including Stawell).

Runners looking around during a race has been an issue this season and is an automatic \$50 fine so please just look straight ahead.

Runners are advised to re-read the Stewarding notes that were issued at the commencement of the season, particularly in regard to 'winning intent' and also competing with consistency from week to week.

Stewarding at Stawell – Runners please be aware that Stewards will be taking a strong approach to inconsistent running at the Stawell Carnival, with the likely sanction being **disqualification** rather than handicap adjustments or fines. As we have stressed all season, please be aware of the events that you compete in leading into Stawell as all meetings between now and Easter will provide a clear form line to Steward from.

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Breaking in a heat or semi final and not progressing will result in an NAP at best. Breaking in a final is an automatic NAP at best.

Meeting: Euroa 26th March 2022
Weather: Warm day with light to moderate winds
Track: 392m Grass track
Commentator: Terry McGarity
Wind Gauge: Automatic
Starters: Rob McIntosh and Graeme Humphrey
Photo Finish: Chloe Blennerhassett & Leah Macdonald
Results: Nila Blennerhassett
Stewards: Rob Lehmann, Wally Meechan
Handicappers: Graeme Goldsworthy, Colin Lane, Sean Quilty, Jonathon Rogers, Andrew McDowall and John Jones.

NAP's

120m Masters: Derek Collinge, Noddy Angelakos, Jeff Sargent
120m Women's Gift: Isabella Antonino, Gabriella Boulton
120m Men's Gift: Jack Doderico, Hugh Hoffman
300m Masters: Thomas Drum, Damien Wapshott (brk)
300m Open: Endale Mekonnen

UP's

120m Wmns Gfit: Lucy Zotti
300m Womens: Lucy Zotti

Stewards Notes from the day:

Lucy Zotti was spoken to following the final of the 300m Women's as she had competed in the 300m after qualifying for the Women's Gift final. This was the second time that Lucy has been spoke to this season (also Docklands) about competing in a lactic event after qualifying for the Gift final. Whilst Lucy improved her time in both the Gift and the 300m finals, the Stewards pointed out that by competing in conflicting events she was not giving herself the best chance to win a race. Lucy was issued with a UP in both events and a \$50 fine.

Stewarding Comments:

Please note that the **wearing of flats in any event up to and including 800m will result in an NAP being issued**. Also, please note that if you were not running in spikes by Maribyrnong meeting then you will be unable to wear spikes for the remainder of the season (including Stawell).

A reminder to runners that looking around in a race is an automatic \$50 fine for the remainder of the season. Runners are advised to re-read the Stewarding notes that were issued at the commencement of the season, particularly in regard to 'winning intent' and also competing with consistency from week to week.

Stewarding at Stawell – Runners please be aware that Stewards will be taking a strong approach to inconsistent running at the Stawell Carnival, with the likely sanction being **disqualification** rather than handicap adjustments or fines. As we have stressed all season, please be aware of the events that you compete in leading into Stawell as all meetings between now and Easter will provide a clear form line to Steward from.

Registered Runners and Trainers only should be on the ground and this should be limited to warming up and competing. Anyone outside of registered Runners and Trainers will be requested to leave the infield. We have a number of people who continue to flout this rule, which is unacceptable and will result in sanctions being handed out.

Breaking in a heat or semi final and not progressing will result in an NAP at best. Breaking in a final is an automatic NAP at best.

Meeting: Ringwood 3rd April 2022
Weather: Overcast day with light drizzle and light winds
Track: 400m synthetic track
Commentator: Ed Sadler
Wind Gauge: Automatic
Starters: Matthew Webster and Brendan Ferrari
Photo Finish: Chloe Blennerhassett, Leah Macdonald
Results: Nila Blennerhassett
Stewards: Rob Lehmann, Wally Meechan
Handicappers: Graeme Goldsworthy, Sean Quilty, Darryl Nettleton and John Jones

NAP's

100m Womens: Laura McDougall

UP's

70m Open: Vic Sharma

800m Open: Matt Grant, Marcus Overman

1600m Open: Chris Dixon

Stewards Notes from the day:

Bruce Dusmez was fined \$25 for looking around before the finish line in his heat of the u18 100m. Bruce also withdrew from the final of the u18 100m due to injury (14 days)

Matt Grant was spoken to following the 1600m Open as he had qualified for the final of the 800m and the Stewards had advised 2 other 800m finalists not to run in the mile, yet Matt did and had not sought permission to do so. Matt was issued with a UP for his run in the 800m.

Marcus Overman was spoken to following the 1600m Open as the Stewards were concerned about his race tactics in that he came home very hard over the last 150m and had not appeared to work hard earlier in the race. Stewards also sought an explanation for his poor showing in the 800m heat where he did not progress to the final. It was pointed out to Marcus that after running 1.56.6 in his heat they did not consider him a winning chance at Stawell in the 800m and he would be receiving a UP for his 800m performance.

Dominic Condello was fined \$50 for looking across in his heat of the 300m Masters.

Cara Boustead Hill had her blocks slip in her heat of the 100m Women's, so the Chief Steward placed her into the last heat.

Stewarding Comments:

Stewards will be checking runners footwear at Stawell to ensure runners who have been competing in flats do not switch to spikes. Any runner attempting to this will be either removed from the start line or DQ'd following the event.

A reminder to runners that looking around in a race is an automatic \$50 fine for the remainder of the season. Runners are advised to re-read the Stewarding notes that were issued at the commencement of the season, particularly in regard to 'competing with consistency from week to week.'

Stewarding at Stawell – Runners please be aware that Stewards will be taking a strong approach to inconsistent running at the Stawell Carnival, with the likely sanction being **disqualification** rather than handicap adjustments or fines. As we have stressed all season, please be aware of the events that you compete in leading into Stawell as all meetings between now and Easter will provide a clear form line to Steward from.

Registered Runners and Trainers only should be on the ground and this should be limited to warming up and competing. Anyone outside of registered Runners and Trainers will be requested to leave the infield. We have a number of people who continue to flout this rule, which is unacceptable and will result in sanctions being handed out.

Meeting: Stawell Gift, 16th, 17th and 18th April 2022
Weather: Warm Saturday and Sunday, with cool light winds and drizzle on Monday
Track: 400m Grass track (was 4m short on initial measurement of inside line, however was moved out to continue lane 2 right around)
Commentator: Ollie Wurm and Ed Sadler
Wind Gauge: Automatic
Starters: Ian Sibson, Rob McIntosh, Graeme Humphrey and Kieran McIntosh
Photo Finish: Leah Macdonald, Emma Macdonald, Andre Pereira & Rob Jones
Results: Nila Blennerhassett
Stewards: Rob Lehmann, Wally Meechan
Handicappers: Graeme Goldsworthy, Colin Lane, Sean Quilty, Jonathon Rogers, Darryl Nettleton, Andrew McDowall and John Jones

UPs:
200m Open: Jerome Lugo

Stewards Notes from the meeting:

Matthew Newton was spoken to following the heats of the 100m Master's as his performance was at a level above what was expected by the Stewards and as such the Master's handicapper would be reviewing his 300m Masters back 8m.

Jerome Lugo was issued with a UP in the 200m Open after he went from running the equal fastest heat to losing .7s in the semi to miss the final.

Jesse Cordoma was a scratching from the semi final of the Gift due to injury in the warm up.

Stewarding Comments:

Generally the Stewards were very happy with the way runners and trainers conducted themselves across the weekend and were especially pleased that no runner needed to be spoken to in regard to 'inconsistent running'.