**Application to Appeal for Serious Disciplinary Offences**

Please see Section 16 and Section 17 of the VAL Regulations before completing this form.

I, ………………………………………………………………………………….. .[insert name]

of…………………………………………………………………………………..[insert address]

wish to lodge an appeal against my conviction only / penalty only / conviction and penalty [strike

out inapplicable portion]

In lodging an appeal I acknowledge that:

An appeal may only be lodged in relation to a serious offence.

This Notice must be lodged with the Sports Administrator within 7 days of the Tribunal's decision.

The Notice will not be considered unless it is accompanied by an appeal application fee of $100

refundable only at the discretion of the Appeals Tribunal.

An appeal hearing is not automatic. The applicant must establish by written submission lodged

with the Sports Administrator no less than 10 days before the Appeal hearing date the reason

why the applicant has an arguable case. This issue will be determined by the Appeal Tribunal

Chairperson.

An appeal against penalty only will be dealt with by way of written submissions lodged with the

Appeal Tribunal no later than 2 days before the matter is scheduled to proceed.

An appeal is a rehearing of the matter and the Appeals Tribunal has the power to increase the

penalty.

…………………………………………………………… ……………………

Applicant's signature acknowledging the above Date

Applications are to be emailed to [val@val.org.au](mailto:val@val.org.au) or mailed to:

Victorian Athletic League

Level 1 Athletics House

Lakeside Stadium

Albert Park

VIC 3206